

Proceeding



INTERNATIONAL SEMINAR

ON

RELIGIOUS MANUSCRIPTS IN MULTICULTURALISM FOR A BETTER LIFE (HUMANITY AND PEACE)

SEPTEMBER, 4TH & 5TH 2015



Institut Hindu Dharma Negeri Denpasar

2015

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DIMENSION OF YOGA FOR MULTICULTURAL SOCIETY

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Abstract

Recently, yoga has been a global issue. Many mass media have been reviewing the benefit of yoga for people. Seemingly, yoga has become a lifestyle, although it is not something new. Yoga is an ancient wisdom which has been reemerging in postmodern era. In line with the people's paradigm about yoga, many yoga studios emerge with unique names. Nevertheless the businessmen see this opportunity as commodity.

Formerly yoga emerged in India, but now it has been emerging in many countries. Even yoga has been done by people from many backgrounds. Data of electronic and written media show that many people from different background are interested to yoga. They are men, women, adults, children, and come from different tribes, religion, educational background, and occupations. In a great moment, lovers and practitioners of yoga from many places gathered in an international festival (<http://balispiritfestival.com>). It proved that the participants of yoga festival are very different.

These vary people could follow as the participants of the festival, surely had learnt yoga previously. There is an interesting question arouse why these people are interested to learn and practice yoga. Substantially, on exoteric level, the difference of these people such as ethnicity, tribes, religion, race, usually triggers disharmony, moreover closely related to faith or religious doctrine. Diverse understanding upon different faith and doctrine always triggers dispute and conflict (Saputra, 2012: vi). However, the exocentric difference in yoga studios does not trigger any problem; instead there is an emerging of pluralistic social system in multicultural setting. It is an interesting phenomenon to be reviewed.

Keywords: *Yogasutra Patanjali, multicultural society*

1. INTRODUCTION

The development of technology is very fast. New discoveries make the idea and way of thinking of the people is changing as well. In this modern era, many aspects of human life are material oriented. Material age has made the human busy and having less time to think about God. Every success is considered as individual success of which makes the ego and arrogance to be worse (Cudamani, 1991: 6). To be considered or not, the development of technology has two dimension, positive and negative. When someone reaches an achievement, for example being rich, having strategic position, as his/her desire not to be satisfied, never feel satisfied and grateful, so in this position he/shewill always pursuing which triggers greedy in himself/herself. Mahatma Gandhi (inMahathera, 2008) stated that this world is enough for human's needs, but will never be enough for a greedy of one person. The cradle of

and passionate. The body is an asset for some people such as actress, actors, secretary, dancers, model, because their body is a reflection which is beneficial economically. These are the benefits of yoga for people who are deeply practicing yoga. In healthy body, peaceful mind, the soul within the body will be comfort and happiness fulfills all the space of consciousness.

3. CLOSING

Yoga becomes one of interesting objects for multicultural society in this postmodern era because the benefit reasons upon spiritual and physical health. Moreover, the meet of this multicultural society because perennially, they enter yoga spiritual zone of esocentric zone in which the meet of different individuals in a zone full of universal relationship, love, and peace.

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Multiculturalism is a term used to describe one's view of the variety of life on earth, or the cultural policy which emphasizes on the acceptance of diversity, and a wide variety of cultures (multicultural) that exist in society in terms of values, systems, culture, customs, and politics. Every country has its own cultures. This fact can be seen from the socio-cultural and geographical sides which truly diverse and widespread.

The International Seminar under the theme of "Religious Manuscript in Multiculturalism for a Better Life (Humanity and Peace)" is intended as a researchers means to present their research research results, as well as exchange of information, deepening problems in various areas of expertise, as well as strengthen and mutually develop the beneficial academic cooperation on an ongoing basis and as an advice to the government in the form of the results of research and application of science and technology for the development of world sustainable development.

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**RUNDOWN
INTERNATIONAL SEMINAR ON
RELIGIOUS MANUSCRIPTS IN MULTICULTURALISM FOR A BETTER LIFE
(HUMANITY AND PEACE)**

Venue : Auditory Denpasar State Hindu Dharma Institute Date : September 5th, 2015

Chamber 1

No	Time	Agenda	Speakers/PIC	Moderator
1	08.00 – 09.00	Arrival & Registration		
2	09.00 – 09.20	Presentation by Rajkumar Modak entitled “Peace: Inner to Outer”	Rajkumar Modak	Dewi Kusumasanthi
3	09.20 – 09.30	Discussion Session	Speaker & Audiences	
4	09.30 – 09.50	Presentation by I Wayan Mandra entitled “Balinese Character in Caru Rṣi Gana Ceremony”	I Wayan Mandra	Dewi Kusumasanthi
5	09.50 – 10.00	Discussion Session	Speaker & Audiences	
6	10.00 – 10.20	Presentation by I Gede Suwantana entitled “Yoga in Multicultural Discourse”	I Gede Suwantana	Dewi Kusumasanthi
7	10.20 – 10.30	Discussion Session		
	10.30 – 10.50	Presentation by I Made Suastika entitled “Understanding Kakawin Siwaratri Kalpa as a Hindu Religious Text through its Balinese Version Gaguritan Lubdaka”	I Made Suastika	Dewi Kusumasanthi
8	10.50 – 11.00	Discussion Session	Speaker & Audiences	
9	11.00 – 11.20	Presentation by Luh Asli entitled “Dimension of Yoga for Multicultural Society”	Luh Asli	Dewi Kusumasanthi
	11.20 – 11.30	Discussion Session	Speaker & Audiences	
	11.30 – 11.50	Presentation by Dewi Bunga entitled “Ethical Philosophy in Sarasamuscaya to Eradicate Radicalism on Multicultural Society”	Dewi Bunga	Dewi Kusumasanthi
	11.50 – 12.00	Discussion Session	Speaker & Audiences	
	12.00	Closing Session	Vice-Rector	



CERTIFICATE

No: 12/Panpel-S/IX/2015

This is to certify that



DRA LUMI ASLI MAG
Has participated in an International Seminar entitled
Religious Manuscripts in Multiculturalism for a Better Life
(Humanity and Peace)
as a

Speaker

Organized by Faculty of Brahma Widya, Denpasar State Hindu Dharma Institute

Held on September 4th - 5th 2015 at Auditorium of Denpasar State Hindu Dharma Institute

Denpasar, September 5th 2015

Dean

Committee
Chairwoman



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